

Food Stamps

Purpose

The Food Stamp Program is a nutrition program that can help provide money for nutritious foods for your family. Food Stamps are accepted at most farmer markets and grocery stores. The program uses an easy credit card format called Electronic Benefit Transfer (EBT).

Who is Eligible?

- US citizens (*Except persons receiving SSI/SSP benefits*)
- Most immigrants – Legal Permanent Residents

What Verification is Needed?

- Identification
- Social Security Number
- Proof of Income
- Proof of your assets – bank accounts, etc.
- Proof of expenses – rent, utility bills, childcare, etc.
- Proof of medical expenses (*if over 60 years old*)

What Resources/Income Can I Have?

- Resource maximum \$2000 or \$3000 if someone is 60 years and over. (*Examples include bank accounts, property owned or retirement accounts.*)
- Income depends on the number of people in the household.

Gross Monthly Income Limit

Household Size	Amount	What You Can Get
1	\$1,127	up to \$200
2	\$1,517	up to \$367
3	\$1,907	up to \$526
4	\$2,297	up to \$668
5	\$2,687	up to \$793

For information, call:

1-800-870-3663 or 1-888-999-4772

