

# 30 Ways in 30 Days

## Help fight hunger all September long



 <p><b>1</b> Donate your Facebook and Twitter profiles by making them orange!</p>	<p><b>2</b> Commit to learning more about hunger. Start with "<a href="#">Hunger: The Faces and the Facts</a>," on our site.</p>	 <p><b>3</b> Like our <a href="#">Facebook page</a> and share it with your friends!</p>	 <p><b>4</b> Bring \$5 or 5 cans of food to today's A's game and get a 2-for-1 voucher for an upcoming game!</p> <p><i>*Wear Orange Wednesday*</i></p>	<p><b>5</b> <b>HUNGER ACTION DAY!</b> Go as Orange as you can, and send your photos! <a href="mailto:facebook@accfb.org">facebook@accfb.org</a>.</p>	 <p><b>6</b> <a href="#">Follow us</a> on Twitter @ACCFB! Tag your tweets with #HungerAction to join the conversation.</p>	<p><b>7</b> <a href="#">Sign up for a shift</a> sorting food in our warehouse. We need your help year-round!</p>
 <p><b>8</b> Enjoy a day at the races! Bring a can of food to Golden Gate Fields today for free admission.</p>	 <p><b>9</b> Start a <a href="#">Virtual Food Drive</a> and help us buy our most-needed items.</p>	 <p><b>10</b> Now that Congress is back in session, <a href="#">contact your Representative</a> and tell him or her to Protect SNAP!</p>	<p><b>11</b> <b>How orange can you go?</b> Wear orange to show your support for ending hunger. Send your photos to <a href="mailto:facebook@accfb.org">facebook@accfb.org</a>!</p>	 <p><b>12</b> Stay up to date on food policy by <a href="#">signing up</a> for our advocacy alerts!</p>	<p><b>13</b> Talk to a child about hunger. 27% of children in California are food insecure.</p>	 <p><b>14</b> Roll with Raiders Hall of Famer Ted Hendricks at South Shore Lanes in Alameda! Proceeds benefit the Food Bank.</p>
 <p><b>15</b> At the store today, buy extra peanut butter – a kid-friendly favorite – to donate.</p>	<p><b>16</b> This morning, skip a fancy coffee and donate to the Food Bank, where \$1 can buy \$4 of food.</p>	 <p><b>17</b> <a href="#">Tweet and Facebook-message</a> your Representative and tell him or her to Stand up for SNAP!</p>	 <p><b>18</b> Bring \$5 or 5 cans of food to today's A's game and get a 2-for-1 voucher for an upcoming game!</p> <p><i>*Wear Orange Wednesday*</i></p>	<p><b>19</b> Bring your lunch to work instead of eating out, and donate to the Food Bank! We distribute \$4 of food for every \$1 you give.</p>	<p><b>20</b> Talk to a colleague about hunger. Brainstorm ways you can help your neighbors in need.</p>	 <p><b>21</b> Donate a can of food at the Pleasanton Harvest Festival and receive a \$2 discount on admission!</p>
<p><b>22</b> At the store today, buy extra rice and beans – a versatile staple food in many cultures – to donate.</p>	<p><b>23</b> <a href="#">Donate</a>. We can distribute \$4 worth of food for each \$1 you contribute.</p>	 <p><b>24</b> National Get Out the Vote Day! <a href="#">Register to vote</a> and make sure your friends are signed up, too.</p>	<p><b>25</b> <b>How orange can you go?</b> Wear orange to show your support for ending hunger. Send your photos to <a href="mailto:facebook@accfb.org">facebook@accfb.org</a>!</p>	<p><b>26</b> Take the SNAP Challenge! Try to spend only \$4.50 on your food today. Tweet about your experience using #SNAPChallenge.</p>	<p><b>27</b> Schedule a tour of our warehouse. From the huge cooler to the fleet of trucks, you'll be impressed!</p>	 <p><b>28</b> Movie Night! Gather friends and loved ones and watch <a href="#">A Place at the Table</a>.</p>
 <p><b>29</b> <b>Savor the Season:</b> Join us at our annual fall celebration. If you can't make it, <a href="#">donate</a> and have your gift matched \$1 for \$1!</p>	<p><b>30</b> <b>Final day of Hunger Action Month!</b> Pledge to continue spreading the word about hunger all year long.</p>	 <p><b>ALAMEDA COUNTY COMMUNITY FOOD BANK</b> <a href="http://www.accfb.org">www.accfb.org</a></p>		<p>Donate. Volunteer. Advocate.</p> <p><b>MAKE US STRONGER.</b></p> <p> <a href="https://facebook.com/alcofoodbank">facebook.com/alcofoodbank</a>  @accfb</p>		