



ALAMEDA COUNTY
**COMMUNITY
FOOD BANK**

Until everyone's fed

IMPACT REPORT

FALL 2017

Health & Hunger



The connection between health and hunger is irrefutable: 1 in 5 of our client households have a family member with diabetes; 2 in 5 have a member with high blood pressure. Healthy food is powerful medicine, critical to health. By providing access to nutritious foods, we play a vital role in community health.

For two years, we've participated in the groundbreaking FAITH-DM Clinical Intervention Trial, helping patients manage their diabetes. Partnering with **UCSF**, we've distributed prescribed boxes of medically-tailored foods to 120 patients, also providing health education, peer support and referrals to other services.

While results are pending, the program's success has led to additional innovative collaborations. We expanded distribution of heart-healthy food boxes to additional sites, reaching more people with unique health needs. We also launched a pop-up "food pharmacy" with All-In Alameda County at **Children's Hospital Oakland** where patients can pick-up foods prescribed by their doctors.



Most recently, we were the only food bank in the country awarded a Feeding America grant to participate in a new diabetes prevention pilot. Using upstream interventions, we are deploying a **medically-tailored mobile pantry** in areas where our neighbors are at high-risk of pre-diabetes.

Hunger and health go hand-in-hand. However, with your support, we can break this cycle.

Ending Hunger on Campus



Hitting the books and cramming for finals is tough enough. It turns out, though, that nearly a fifth of college students are doing it without enough healthy food to fuel their studies.

This year, a ground-breaking California State University study found that 1 in 5 students across



all CSU campuses don't have reliable access to food, and 1 in 10 is homeless. The study was just one in a large body of new research which reveals how pervasive hunger and homelessness is among college students nationwide.

In response to student need, we've collaborated with **UC Berkeley, Laney College, Chabot College** and **CSU East Bay** to support and open free pantries, provide emergency food boxes and offer CalFresh (food stamp) application assistance on campuses.

Our work to support students goes beyond food. For instance, Our Community Development Manager, Sheila Burks, is working closely with CSUEB to illuminate the obstacles low-income students face. Together, they're developing new strategies to ensure staff understand the challenges their students face and that those students have the resources they need to earn their degrees.

Advocacy



We cannot end hunger without addressing poverty.

Advocacy is a key pillar of our approach to ending hunger. Through our own advocacy staff, partnerships with food justice organizations and our grassroots lobbying group, Community Advocates Against Hunger, we amplify the voices of hundreds of thousands of Alameda County residents facing food insecurity.

This year's advocacy efforts amount to an additional 3 million meals for Alameda County residents alone — and the year's not over yet.

Through your support, these efforts have been instrumental in a number of recent legislative victories. We were the only Food Bank in a statewide coalition that successfully advocated for an expanded state Earned Income Tax Credit. This will help 1 million additional families statewide — and provide \$3.8 million in additional benefits in Alameda County. Our efforts also helped pass a bill (AB214) to reduce hunger among college students through CalFresh enrollment, and successfully quadrupled state funding for food banks (CalFood) to \$8 million.

In total, these wins amount to an **additional 3 million meals for Alameda County** residents alone — and the year's not over yet.

More opportunities are on the horizon. However, critical programs like CalFresh (food stamps) are also under serious threat in the current political climate. These programs are only as strong as the voices that are there to protect them — which remains a day-to-day priority.

Your Impact



WE DISTRIBUTED

36,000,000
POUNDS OF FOOD LAST YEAR

PROVIDING

30,000,000
MEALS

57%

OF ALL FOOD IS FRESH FRUITS & VEGETABLES



200+
NON-PROFITS
PARTNER TO
DISTRIBUTE
FOOD THROUGHOUT
THE COUNTY



WE DISTRIBUTE
FOOD AT
42
SCHOOLS AND
COLLEGES



116,000 PEOPLE
RELY ON THE FOOD BANK EVERY MONTH



4,400,000
MEALS SECURED THROUGH OUR
CALFRESH OUTREACH EFFORTS

“What this offers is stability, knowing we will never go hungry. This is our stepping stone.”

— Katie, Food Bank client



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