Nutrition Policy

ACCFB purchases (and encourages the donation of):

- Fresh fruits and vegetables
- Canned and frozen fruits (low in sugar)
- Canned and frozen vegetables (low in salt)
- Packaged meals and soups
- Lean proteins
- Nuts
- Whole grains
- Low fat milk (2% or less)
- Water
- 100% Juice (carbonated and non-carbonated)

ACCFB does not distribute:

- Soda—diet and regular
- All carbonated beverages (except water and 100% juice)
- Juice—anything less than 100% juice
- Alcohol
- Any item to mix with alcohol or that promotes alcohol
- Energy drinks
- Medical and vitamin supplements
- Diet products that contain appetite suppressants

ACCFB’s policy guides all of our purchasing, procurement, and distribution decisions. We encourage our member agencies to adopt similar guidelines.