



ALAMEDA COUNTY  
**COMMUNITY  
FOOD BANK**

Until everyone's fed



# IMPACT REPORT

SPRING 2018

## Preventing Diabetes in East Bay Communities



Chronic diseases like diabetes negatively impact the health—and health care costs—of millions of Americans. In Alameda County, 1 in 5 of our client households have at least one member with diabetes or high blood pressure. Prevention is key, and your support allows us to provide critical nutrition to these households.

Furthering our health and hunger efforts, we recently launched the **Diabetes Prevention Pilot (DPP)**, to support the prevention of diabetes in



Food Bank volunteer Maureen (left) and Food Banker Martha (right) promoting the Diabetes Prevention Program at a Mobile Pantry distribution.

low-income communities that are at high-risk of developing the disease. As the only food bank in the nation chosen to participate in this Cargill-funded program, DPP is a natural progression of our work, building off learnings from our recently-completed FAITH-DM diabetes intervention trial.

Offered at 10 partner agency and Mobile Pantry sites, DPP conducts screenings and delivers health education in English and Spanish. Medically-tailored food boxes are provided bi-weekly, accounting for about a quarter of a household's food. An innovative feature gives participants the option to receive reminders, nutrition education, and health tips via text message.

To date, 60 percent of enrollees have opted to receive texts, while others attend in-person support classes. With 160 participants enrolled so far, we expect up to 250 by April.

With such high cost associated with food insecurity, DPP offers a unique solution for preventing diabetes—and potential health care cost savings.

## Food Banks as Emergency Responders



In October 2017, the North Bay was set ablaze in the third largest fire in California history. We immediately reached out to our sister food bank, Redwood Empire, kicking off a month-long effort to provide aid. ACCFB delivered pallets of water, ready-to-eat meals, nourishing snacks, and diapers. Our operations team helped manage emergency food distributions. Plus, our friends at FedEx also joined us, sending one of their trucks to get supplies to the North Bay and donating \$30,000 to help victims.

Just one month prior, Hurricane Harvey devastated southeast Texas. Teaming up with two local food banks, we shipped thousands of pounds of ready-to-eat foods to flood victims within days.

These are just two examples of the critical role food banks play during emergencies—a role you help us fulfill. In times of crises, food banks coordinate with one another to supply food and water, as well as other services to victims. As a member of Feeding America, we're also part of a national network that aids food banks impacted by natural disasters.



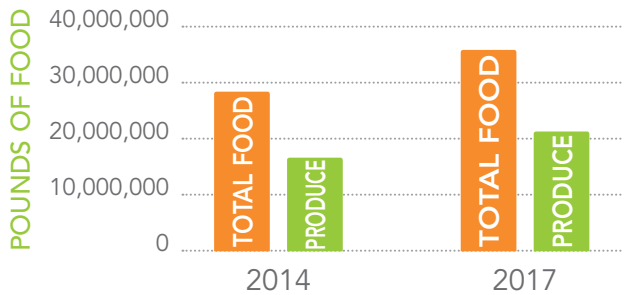
Our HelpReach team members (from front to back) Crystina, Cindy, and Vanessa helped the fire victims to apply for D-SNAP in Santa Rosa.

ACCFB also helps disaster victims apply and enroll in the Disaster Supplemental Nutrition Assistance Program, or D-SNAP, which provides temporary food assistance. During the North Bay fires, our CalFresh Outreach team helped victims enroll in desperately-needed assistance, contributing to the overall enrollment of more than 18,000 D-SNAP recipients.

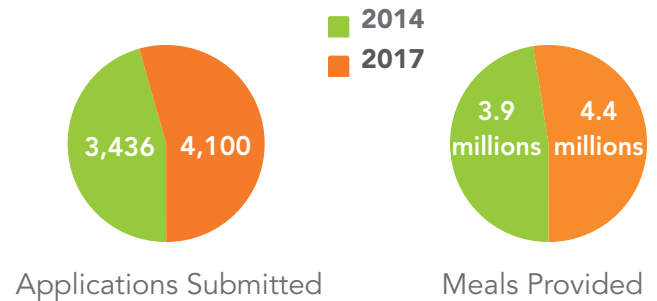
## Embarking on a New Strategic Plan

Four years ago, we embarked on a new strategic plan. At the time, Feeding America called it one of the boldest Food Bank plans in the country. We're grateful to have the support of hundreds of partners, like you. Here's what you've helped us achieve.

### FOOD DISTRIBUTION

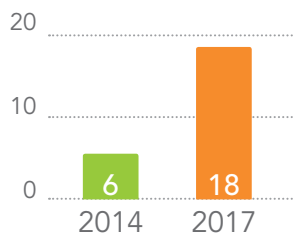


### CALFRESH

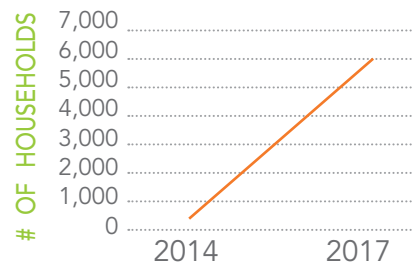


### FOOD BANK MOBILE PANTRY PROGRAM

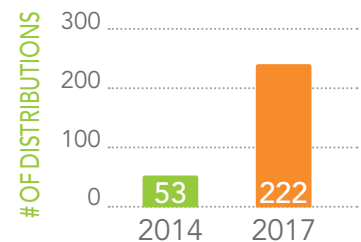
#### NUMBER OF SITES



#### HOUSEHOLDS SERVED



#### DISTRIBUTIONS



## The Campaign to Lift 1.3 Million Californians Out of Poverty



In the height of the Great Recession, California made devastating cuts to a program that's a lifeline to 1.3 million low-income seniors and people with disabilities. The program, called Supplemental Security Income (SSI), is for people who cannot work, and do not qualify for social security. With the cuts, the state forced these Californians into poverty.

**It's been nine years—and the state still hasn't restored these cuts.** Seniors on SSI must meet all of life's expenses on just \$889 a month.

With the support of committed partners—like you—we work with statewide coalitions and local advocates to fight for an increase in SSI. Together, we are demanding \$100 more per month for each

recipient, in order to get back to 100 percent of the federal poverty level. This increase would help recipients get closer to meeting basic needs like food, medication, and housing.

We invite you to learn more at [accfb.org/advocacy](http://accfb.org/advocacy).



Senior Advocates from St. Mary's Center in Oakland join us at Hunger Action Day in Sacramento to demand an increase to SSI.



**Food**  
*is a basic*  
**human right**



ALAMEDA COUNTY  
**COMMUNITY**  
**FOOD BANK**

7900 Edgewater Drive, Oakland, CA 94621

(510) 635-3663 | [accfb.org](http://accfb.org)

MEMBER OF  
**FEEDING**  
**AMERICA**